

GOLD TRAIL AFTER SCHOOL ENRICHMENT PROGRAM

Session Beginning Week of FEBRUARY 23, 2010

MONDAY

YOGA

Sheryl Nielson

Room: MP

Grades: 4-8

Time: 2:20-3:20

Cost: \$33

Dates: 3/8, 3/15, 4/12,

4/26, 5/3, 5/10

Description: Challenge yourself! Yoga improves focus, flexibility and strength. It will help you in sports and with schoolwork.



Don't Forget!



Send a nutritious snack with your child to eat before class.

**QUESTIONS? Call Misty diVittorio
530-622-3953
Email: actenrichment@pacbell.net**

TUESDAY

GYMNASTICS - EIGHT classes @ Sutter's Mill

Vickie Shaffer

Students will take the bus to Sutter's Mill School for class from 2:40-3:40

Parents pick up at Sutter's Mill School at 3:40

Room: MP

Grades: 4-8

Cost: Only \$15 because Vickie is volunteering her time; Thank you Vickie!

Dates: 2/23, 3/9, 3/16, 3/23, 4/6, 4/13, 4/20, 4/27

Description: Learn the progressions of tumbling skills and also get some exposure to skills needed for gymnastics apparatus. Open to boys and girls. Beginning (no experience necessary) to intermediate.

CLASS IS LIMITED TO 10 STUDENTS



WEDNESDAY

KARATE @ Sutter's Mill

Bob Westphal

Room: MP

Grades: 4-8

Time: 2:40-3:40

Cost: \$33

Dates: 2/24, 3/10, 3/17, 3/24, 4/7, 4/14

Students will take the bus to Sutter's Mill School for class from 2:40-3:40

Parents pick up at Sutter's Mill School at 3:40

Bob Westphal will be teaching the basics of martial arts, which emphasizes self-discipline. The program increases the students' self-esteem. Wear loose comfortable clothing. At the end of the last day of class, students will demonstrate for their parents and friends.

SPANISH/Lango for Kids

Room:

Grades: 4-5

Time: 2:20-3:20

Cost: \$37

Dates: 2/24, 3/10, 3/17, 3/24, 4/7, 4/14

Description: Students will learn another language, make developmental strides and explore other cultures. The highly engaging classes use music, games, art and stories to teach languages. Supply fee of \$4 included in registration

(Registration Form on Back) Additional Registration Forms can be downloaded actenrichment.com

AFTER SCHOOL ENRICHMENT

REGISTRATION INFORMATION

- Your child is enrolled in the class unless otherwise notified. Classes fill on a "first-come, first-served" basis.
- Payment and registration forms are due by **TUESDAY, FEBRUARY 16, 2010**
- Students may hand in their forms to their teachers or directly to the school office.
- **Parents are responsible for transportation from class.** (See form below)

Visit my website: www.actenrichment.com to download extra registration forms

GOLD TRAIL Registration Form

Due with payment no later than TUESDAY, FEBRUARY 16, 2010

Child's Name _____ Parent's Name _____

Phone(Home)(____)_____(Work)(____)_____(Other)(____)_____

E-Mail Address _____

School Teacher _____ Grade _____

Enrichment Class _____ Day _____ Time _____

(Please use a separate registration form for each class. They are available in the school office.)

Please indicate which of these applies to you and your child:

____ My child is enrolled in extended day.

____ I will pick him/her up in front of the school. PLEASE BE ON TIME! The class teacher will be waiting there with your child.

____ I need a scholarship for my child. You must send supply fee (as noted in class descriptions) with this form in order for your child to receive a scholarship. You will be notified if there are no scholarships available and should send full fee for the class at that time.

____ My child/children will be brought or be picked up by the following friend or day care provider:

| Name | Relationship to Student | Phone Number |
|------|-------------------------|--------------|
|------|-------------------------|--------------|

Parent's Signature: _____.

Amount Enclosed \$ _____ (Make separate checks for each class, payable to the **"Enrichment Program"**) **NOTE: Add \$5.00 late fee, if classes have already started.**

Parents...Do you have a talent you would like to teach? We would like to hear from you!

Name _____ --Phone _____